

**Our Healing and Support team are here
to help you and your family.**

**We support survivors of sexual abuse
perpetrated by anyone in the service of the
Catholic Diocese of Maitland Newcastle.**

Our services are free and confidential, inclusive and embrace diversity.

- ▶ provide information, support and referrals to help you achieve your unique goals
- ▶ advocate for individuals both within the diocese and in the wider community
- ▶ assist with applications for Redress and apologies
- ▶ support relatives of survivors
- ▶ provide professional and specialised care through case management
- ▶ support individuals to explore their own journey.

Our Case Managers are:

- ▶ non-judgemental
- ▶ good listeners
- ▶ available for all survivors and their families, regardless of current spiritual beliefs
- ▶ professionals who have experience in supporting survivors
- ▶ focused on our client's needs for support and confidentiality.

Contact Us

Our team are available Monday to Friday 9-4pm
(02) 4923 0636

Or leave a voicemail and we will return your call.

5 Selma St, Newcastle West NSW 2302
zimmermanservice@healingandsupport.org.au

healingandsupport.org.au

We are part of Therapeutic Services
within CatholicCare Social Services
Hunter-Manning.



Our services include:

- ▶ access to independent counselling
- ▶ advocacy and liaison with other services within the Diocese
- ▶ advocating and supporting people through the criminal or civil process
- ▶ referrals to Knowmore and Redress applications
- ▶ confidential case management
- ▶ access to a personal apology from the Diocese
- ▶ supporting people through periods of crisis due to physical, emotional or spiritual distress
- ▶ advocacy with government and community services
- ▶ building support networks and liaising with external networks
- ▶ support in making statements to police or statutory authorities.

Other Support Services

Clergy Abused Network (C.A.N)
0411 108 465 or 0411 109 810
clergyabusednetwork.org.au

NSW Victims Services
1800 633 063
victimsserives.justice.nsw.gov.au

1800 Respect
1800 737 732
1800respect.org.au

Lifeline
13 11 14
lifeline.org.au

Blue Knot Foundation
1300 657 380
blueknot.org.au

Knowmore
1800 605 762
knowmore.org.au

Child Protection Helpline
132 111
dcj.nsw.gov.au